SAMPLE MENU

329 kcals

429 kcals

171 kcals



BREAKFAST BAKERY

FROM £3.00

PAIN AU CHOCOLATE 330 kcals **PAIN AU RAISIN** 439 kcals VEGAN BREAKFAST COOKIE NEW 330 kcals **CROISSANT** 330 kcals **CINNAMON BUN** 390 kcals **VEGAN BANANA LOAF** 228 kcals

HOT BREAKFAST

FROM £5.95

TOASTED ENGLISH MUFFIN

228 kcals

SMOKEY STREAKY BACON & EGG MUFFIN 329 kcals

QUORN SAUSAGE & EGG MUFFIN 329 kcals

HASH BROWN 171 kcals

LUNCH

FROM £14.95

SWEET POTATO & KIDNEY BEAN QUESADILLA 853 kcals SERVED WITH JALAPENO TOMATO SALSA & SOUR CREAM.

CHICKEN QUESADILLA

1002 kcals

SERVED WITH JALAPENO TOMATO SALSA & SOUR CREAM.

MALAYSIAN CHICKEN VEGETABLE CURRY 592 kcal

MALAYSIAN VEGETABLE & CHICKPEA CURRY 602 kcal

LOADED MAC & CHEESE



923 kcals

853 kcals

514 kcals

MUSHROOM & SPINACH MAC & CHEESE

HOT DOG W CARAMELISED & CRISPY ONIONS

SERVED WITH POTATO WEDGES

CUMBERLAND SAUSAGE & EGG MUFFIN 403 kcals VEGAN HOT DOG W CARAMELISED & CRISPY ONIONS **SERVED WITH POTATO WEDGES** 605 kcal

SELECTION OF SANDWICHES & SALADS

SUSHI

GENERAL BAKERY

FROM £5.95

VEGAN BANANA LOAF (NEW) 228 kcals **VEGAN FRUIT FLAPJACK** 421 kcals

TRIPLE CHOCOLATE COOKIE

RASPBERRY MILLIONAIRE NEW

VICTORIA SPONGE

BLUEBERRY CRUMBLE MUFFIN 372 kcals

HOT DRINKS

FROM £2.95

FLAT WHITE

93 kcals

LATTE 80Z/120Z

72/107 kcals

CAPPUCCINO

73 kcals

AMERICANO 80Z/120Z

3/6 kcals

ESPRESSO SINGLE / DOUBLE 429 kcals

MACCHIATO

TRADITIONAL & FLAVOURED TEAS 2 kcals

HOT CHOCOLATE 80Z/120Z 177/235 kcals