

SAMPLE MENU

CENTRAL kitchen

BREAKFAST

BREAKFAST POTS

from £2.95

Sunshine fruit salad
Seasonal fruit
Yoghurt with seasonal fruits and granola
Probiotic Greek yoghurt, mango, seeds, oats
Bircher muesli with apple, raisin and cinnamon
Chia seed, acai, yoghurt and blueberries

BREAKFAST BAKERY COUNTER

from £2.95

Pain au chocolate
Pain au raisin
Apricot Danish pastry
Croissant
Cinnamon bun

HOT BREAKFAST

from £2.95

Ham & Bermondsey cheese croissant
Bermondsey cheese & tomato croissant
Grilled bacon/sausage or egg bap
Scotch oat porridge served with brown sugar,
honey or jam

HOT BREAKFAST POTS

from £4.95

Eggs Benedict with crispy streaky bacon
Shakshuka with baked eggs, crumbled feta
Smoky beans, ham hock, poached eggs
Smashed avocado, grilled halloumi, roasted cherry
tomatoes

SAVOURY POTS

from £3.95

Hummus, fresh carrot and seeds
Falafel and tzatziki
Egg, spinach and mustard cress
Quinoa, Asian soy, chilli and ginger
Bulgur wheat and kale tabbouleh grain

BOXED SALADS

from £6.95

Roast chicken salad with nut free basil pesto, chargrilled
red & yellow peppers, Marzanino tomato, lemon & herb dressing

Meze salad with tzatziki, falafel, bulgar wheat, red quinoa &
seaweed in a lemon dressing, cucumber batons, houmous
topped with fresh red & yellow peppers finished with a guindilla
chilli pepper

Kale Caesar salad, grilled salmon, lemon dressed freekeh,
roasted sweet potato salad

BAKED POTATOES

from £6.95

Butter paneer jalfrezi, minted raita and crispy chaat

Jerked chicken, grilled corn, encona Scotch bonnet sauce

Seafood gumbo, creole peppers and onions, soured cream

LUNCH

PLANT BASED FOOD

from £7.95

Beet & quinoa burger, avocado and kale slaw, brioche
bun, sweet potato fries, raw slaw

Charred cauliflower steak, harissa, babaganouj,
tabbouleh

Tarka Dahl, brown keema rice, raita with coriander

DELI SANDWICHES (Pre-made)

from £6.95

Tomato, mozzarella, avocado and basil on focaccia

Parma ham, mozzarella, balsamic onions, rocket and vine
tomatoes on ciabatta

Crispy bacon, grilled chicken, baby gem and shaven
Parmesan Caesar sourdough bloomer

Hot smoked salmon, ribbon cucumber, lemon balm cream
cheese, seeded bagel

SELECTION OF SOHO SANDWICHES & SALADS

from £3.95

SELECTION OF BAKED TREATS

from £2.50

PLEASE ASK TO SEE THE DAILY SPECIALS MENU

CENTRAL kitchen

DRINKS

HOT DRINKS

Flat white
Latte Regular
Cappuccino
Americano Regular
Espresso single/double
Macchiato
V60 Regular
Aeropress
Coldbrew
A range of traditional and flavoured teas
Hot Chocolate

from £2.60

SOFT DRINKS

Life Water Still	330ml	-	£2.25
Life Water Sparkling	330ml	-	£2.25
Genie Living Drinks Co.	275ml	-	£3.30
Kombucha Crisp citrus			
Kombucha Dry apple			
Franklin & Sons Premium Soft Drinks	275ml	-	£3.30
<small>Apple & Rhubarb, Strawberry & Raspberry, Strawberry & Raspberry, Lemonade & Elderflower, Orange & Grapefruit</small>			
Cold Brew Coffee Iced Latte	250ml	-	£3.00
Orange Juice	330ml	-	£3.00
Apple Juice	330ml	-	£3.00
Sparkling Drinks	330ml		£2.15
<small>Pepsi, Diet Pepsi, 7 up, Tango</small>			

BEER & CIDER

Olympia London IPA	330ml	4% abv	£5.00
Frontier Craft Lager	330ml	4.5% abv	£5.00
Wild River Pacific Pale Ale	330ml	4.5% abv	£5.00
The Original Small Beer Low Alcohol Lager	350ml	2.1% abv	£5.00
Caple Rd Cider	330ml	5.2% abv	£5.00
Rosie's Flat Tyre Rhubarb Cider	330ml	4% abv	£5.00

WINE & CHAMPAGNE

A Day at the Vineyard Chenin Blanc	187ml	12% abv	£6.00
A Day at the Vineyard Pinotage	187ml	13% abv	£6.00
A Day at the Vineyard Pinotage Rosé	187ml	12% abv	£6.00
Vitelli Prosecco NV	200ml	11% abv	£8.50
Laurent Perrier La Cuvee	75cl	12% abv	£71.50
Laurent Perrier La Cuvee	37.5cl	12% abv	£36.00

SPIRITS

Berry Bros. & Rudd London Dry Gin	25ml	40.6% abv	£4.50
Berry Bros. & Rudd Pink Grapefruit & Rosemary Gin	25ml	40% abv	£4.50
Absolut Original	25ml	40% abv	£4.50
Jameson Irish Whiskey	25ml	40% abv	£4.50
Havana Club 3-Year-Old Rum	25ml	40% abv	£4.50
XR Seedlip Garden 108 Non-Alcoholic Spirit	25ml	-	£4.50
Franklin & Sons Tonics & Mixers	200ml	-	£1.50