

SAMPLE MENU

slice

SANDWICH BAR & BAKERY

BREAKFAST

BREAKFAST POTS

Sunshine fruit salad
Seasonal fruit
Yoghurt with seasonal fruits and granola
Probiotic Greek yoghurt, mango, seeds, oats
Bircher muesli with apple, raisin and cinnamon
Chia seed, acai, yoghurt and blueberries

from £2.95

BREAKFAST BAKERY COUNTER

Pain au chocolate
Pain au raisin
Apricot Danish pastry
Croissant
Cinnamon bun

from £2.95

HOT BREAKFAST

Ham & Bermondsey cheese croissant
Bermondsey cheese & tomato croissant
Grilled bacon/sausage or egg bap
Scotch oat porridge served with brown sugar, honey or jam

from £2.95

SAVOURY POTS

Hummus, fresh carrot and seeds
Falafel and tzatziki
Egg, spinach and mustard cress
Quinoa, Asian soy, chilli and ginger
Bulgur wheat and kale tabbouleh grain

from £3.95

LUNCH

HOT LUNCH

Grilled Harissa chicken breast, middle eastern house grain mix
Braised beef, creamy potato, roasted carrots, parsley
Vegan Seitan Keema, brown rice, raita
Sweet potato falafel, mixed grains, naked slaw

from £7.95

SALAD BAR

choice of three salads £9.00

Smashed pea, edamame and broad bean salad with mint feta and toasted seeds
Roasted aubergine, sorrel yoghurt and pickled radish
Heirloom tomatoes, spring onion, basil and kalamata olives
Fennel, orange and pomegranate salad
Salad of freekeh wheat, preserved lemon and crispy shallots

PROTEIN

Grilled chicken
Poached Salmon
Goats cheese
Teriyaki tempeh
Skewered firm tofu with gochujang
Sweet potato falafel

from £5.00

PROTEIN & SIDE SALAD

£9.00

SUSHI

from £3.95

SELECTION OF SOHO SANDWICHES & SALADS

from £3.95

GENERAL BAKERY

from £2.50

Vegan banana loaf
Raspberry flapjack
Triple chocolate cookie
Raspberry & almond Bakewell
Orange & polenta loaf
Honey & pecan bar
Gluten free chocolate & marshmallow traybake

HOT DRINKS

from £2.60

Flat white
Latte Regular
Cappuccino
Americano Regular
Espresso single/double
Macchiato
V60 Regular
Aeropress
Coldbrew
A range of traditional and flavoured teas
Hot Chocolate

slice

SANDWICH BAR & BAKERY

DRINKS

SOFT DRINKS

Life Water Still	330ml	-	£2.25
Life Water Sparkling	330ml	-	£2.25
Genie Living Drinks Co.	275ml	-	£3.30
Kombucha Crisp citrus			
Kombucha Dry apple			
Franklin & Sons Premium Soft Drinks	275ml	-	£3.30
Apple & Rhubarb			
Strawberry & Raspberry			
Lemonade & Elderflower			
Orange & Grapefruit			
Cold Brew Coffee Iced Latte	250ml	-	£3.00
Orange Juice	330ml	-	£3.00
Apple Juice	330ml	-	£3.00
Sparkling Drinks	330ml		£2.15
Pepsi			
Diet Pepsi			
7up			
Tango			

BEER & CIDER

Olympia London IPA	330ml	4% abv	£5.00
Frontier Craft Lager	330ml	4.5% abv	£5.00
Wild River Pacific Pale Ale	330ml	4.5% abv	£5.00
The Original Small Beer Low Alcohol Lager	350ml	2.1% abv	£5.00
Caple Rd Cider	330ml	5.2% abv	£5.00
Rosie's Flat Tyre Rhubarb Cider	330ml	4% abv	£5.00

WINE & SPARKLING

A Day at the Vineyard Chenin Blanc	187ml	12% abv	£6.00
A Day at the Vineyard Pinotage	187ml	13% abv	£6.00
A Day at the Vineyard Pinotage Rosé	187ml	12% abv	£6.00
Vitelli Prosecco NV	200ml	11% abv	£8.50