

BREAKFAST BAKERY

FROM £3.00

PAIN AU CHOCOLATE PAIN AU RAISIN **APRICOT DANISH PASTRY CROISSANT CINNAMON BUN**

HOT BREAKFAST

FROM £5.95

TOASTED ENGLISH MUFFIN 228 kcals **SAUSAGE PATTY & EGG MUFFIN** 403 kcals SMOKEY STREAKY BACON & EGG MUFFIN 329 kcals QUORN SAUSAGE & EGG MUFFIN 329 kcals HASH BROWN 171 kcals

LUNCH

FROM £14.95

SWEET POTATO & KIDNEY BEAN QUESADILLA SERVED WITH JALAPENO TOMATO SALSA & SOUR CREAM. **CHICKEN QUESADILLA** SERVED WITH JALAPENO TOMATO SALSA & SOUR CREAM. SPINACH & BROCCOLI MAC & CHEESE 853 **TRUFFLE & BROCCOLI MAC & CHEESE** 85 PANCETTA & BROCCOLI MAC & CHEESE 853 kcals **SELECTION OF SANDWICHES & SALADS SUSHI**

DELI SANDWICHES

FROM £6.95

TOMATO, MOZZARELLA, AVOCADO AND **BASIL FOCACCIA** PARMA HAM, MOZZARELLA, BALSAMIC **ONIONS, ROCKET AND VINE TOMATO** CIABATTA

Please speak to a member of our team regarding allergens and dietary requirements

SAMPLE MENU

GENERAL BAKERY

353 kcals	FKOM 23.93	
	VEGAN BANANA LOAF	228 kcals
02 kcals	RASPBERRY FLAPJACK	403 kcals
3 kcals 3 kcals	TRIPLE CHOCOLATE COOKIE	329 kcals
	RASPBERRY & ALMOND BAKEWELL 329 kcals	
	ORANGE & POLENTA LOAF	171 kcals

HOT DRINKS

FROM £2.95

FLAT WHITE LATTE REGULAR CAPPUCCINO **AMERICANO REGULAR ESPRESSO SINGLE / DOUBLE** MACCHIATO **TRADITIONAL & FLAVOURED TEAS** HOT CHOCOLATE