


**BREAKFAST BAKERY**

FROM £3.00

|                                                                                                          |           |
|----------------------------------------------------------------------------------------------------------|-----------|
| PAIN AU CHOCOLATE                                                                                        | 330 kcals |
| PAIN AU RAISIN                                                                                           | 439 kcals |
| VEGAN BREAKFAST COOKIE  | 286 kcals |
| CROISSANT                                                                                                | 330 kcals |
| CINNAMON BUN                                                                                             | 390 kcals |
| VEGAN BANANA LOAF                                                                                        | 228 kcals |

**HOT BREAKFAST**

FROM £5.50

|                                                                                                                         |           |
|-------------------------------------------------------------------------------------------------------------------------|-----------|
| SMOKED SALMON BAGEL                                                                                                     | 403 kcals |
| SOMERSET BRIE & TOM TAPENADE CROISSANT                                                                                  | 637 kcals |
| CAPRESE CROISSANT                                                                                                       | 378 kcals |
| HAM & CHEESE CROISSANT                                                                                                  | 456 kcals |
| SAUSAGE & APPLE ROLL <sup>*</sup>    | 529 kcals |
| MUSHROOM & LENTIL ROLL <sup>*</sup>  | 573 kcals |

**PRAWN BAGUETTE**

853 kcals

SERVED WITH BLUE CHEESE, ONIONS, LETTUCE & MUSTARD

**ROASTED VEGETABLE & HUMMUS BAGUETTE**

1002 kcals

ROASTED VEGETABLES & HOMEMADE SPICED HUMMUS

**CHICKEN CIABETTA ROLL**

853 kcals

LIME MAYO, PICKLES & ROCKET

**SALAMI FOCACCIA**

913 kcals

**HUMMUS BAGUETTE**

582 kcals

**TUNA & SWEETCORN BAGUETTE <sup>\*</sup>**

719 kcal

**LEMON CHICKEN & RAITA WRAP**

371 kcal

**SELECTION OF SANDWICHES & SALADS**

**DELI SANDWICHES**

FROM £6.95

**TOMATO, MOZZARELLA, AVOCADO AND  
BASIL FOCACCIA**

817 kcal

**PASTRAMI, RED ONION & GHERKIN**

**FOCACCIA SANDWICH <sup>\*</sup>**

918 kcal



**GENERAL BAKERY**

FROM £5.95

|                                                                                                           |           |
|-----------------------------------------------------------------------------------------------------------|-----------|
| VEGAN BANANA LOAF      | 228 kcals |
| VEGAN FRUIT FLAPJACK   | 421 kcals |
| TRIPLE CHOCOLATE COOKIE                                                                                   | 329 kcals |
| RASPBERRY MILLIONAIRE  | 429 kcals |
| VICTORIA SPONGE        | 171 kcals |
| BLUEBERRY CRUMBLE MUFFIN                                                                                  | 372 kcals |
| VEGAN RED VELVET CAKE                                                                                     | 413 kcals |

**HOT DRINKS**

FROM £2.95

|                              |               |
|------------------------------|---------------|
| FLAT WHITE                   | 93 kcals      |
| LATTE 8OZ/12OZ               | 72/107 kcals  |
| CAPPUCCINO                   |               |
| AMERICANO 8OZ/12OZ           | 3/6 kcals     |
| ESPRESSO SINGLE / DOUBLE     | 6/12 kcals    |
| MACCHIATO 8OZ/12OZ           | 8/11 kcals    |
| TRADITIONAL & FLAVOURED TEAS | 2 kcals       |
| HOT CHOCOLATE 8OZ/12OZ       | 177/235 kcals |