


BREAKFAST BAKERY

FROM £3.00

PAIN AU CHOCOLATE	330 kcals
PAIN AU RAISIN	439 kcals
VEGAN BREAKFAST COOKIE 	286 kcals
CROISSANT	330 kcals
CINNAMON BUN	390 kcals
VEGAN BANANA LOAF	228 kcals

BREAKFAST

FROM £5.95

OATS PORRIDGE & STRAWBERRY JAM [*]	587 kcal
WARM FRUIT GRANOLA POT [*]	808 kcals
BACON BREAKFAST TURNOVER	
TOMATO BREAKFAST TURNOVER	

LUNCH

FROM £14.95

VEGAN FALAFEL WRAP [*]	853 kcals
SPINACH FALAFEL, ROAST PEPPER, PICKLED CABBAGE, CHILI SAUCE & VEGAN RIATA	
CHICKEN SHAWARMA WRAP [*]	1002 kcals
SERVED WITH BLUE CHEESE, ONIONS, LETTUCE & MUSTARD	
CHICKEN & SWEET POTATO SOUP	1002 kcals
SERVED WITH A BREAD ROLL	
POTATO & LEEK SOUP	1002 kcals
SERVED WITH A BREAD ROLL	

SELECTION OF SANDWICHES & SALADS

SUSHI

GENERAL BAKERY

FROM £5.95

VEGAN BANANA LOAF 	228 kcals
VEGAN FRUIT FLAPJACK 	421 kcals
TRIPLE CHOCOLATE COOKIE	329 kcals
RASPBERRY MILLIONAIRE 	429 kcals
VICTORIA SPONGE 	171 kcals
BLUEBERRY CRUMBLE MUFFIN	372 kcals
VEGAN RED VELVET CAKE	413 kcals

HOT DRINKS

FROM £2.95

FLAT WHITE	93 kcals
LATTE 8OZ/12OZ	72/107 kcals
CAPPUCCINO	
AMERICANO 8OZ/12OZ	3/6 kcals
ESPRESSO SINGLE / DOUBLE	6/12 kcals
MACCHIATO 8OZ/12OZ	8/11 kcals
TRADITIONAL & FLAVOURED TEAS	2 kcals
HOT CHOCOLATE 8OZ/12OZ	177/235 kcals