


EIGHTEEN 86

BREAKFAST BAKERY

FROM £3.00

PAIN AU CHOCOLATE	330 kcals
PAIN AU RAISIN	439 kcals
VEGAN BREAKFAST COOKIE 	286 kcals
CROISSANT	330 kcals
CINNAMON BUN	390 kcals
VEGAN BANANA LOAF	228 kcals

HOT BREAKFAST

FROM £5.95

TOASTED ENGLISH MUFFIN	228 kcals
CUMBERLAND SAUSAGE & EGG MUFFIN	403 kcals
SMOKEY STREAKY BACON & EGG MUFFIN	329 kcals
QUORN SAUSAGE & EGG MUFFIN	329 kcals
HASH BROWN	171 kcals

LUNCH

FROM £14.95

THE BLUE CHEESEBURGER	853 kcals
SERVED WITH BLUE CHEESE, ONIONS, LETTUCE & MUSTARD	
THE PORTOBELLO MUSHROOM BURGER	958 kcals
SERVED WITH BLUE CHEESE, ONIONS, LETTUCE & MUSTARD	
HOISON CHICKEN WITH RICE NOODLES*	433 kcals
SERVED WITH VEGETABLE SALAD, ASIAN STYLE DRESSING, TOASTED SESAME SEEDS	
CRISPY GARLIC TEMPEH WITH RICE NOODLES*	520 kcals
SERVED WITH VEGETABLE SALAD, ASIAN STYLE DRESSING, TOASTED SESAME SEEDS	
CRISPY BUTTERMILK CHICKEN BURGER	819 kcal
SERVED WITH LETTUCE & MAYO	
VEGAN BEETROOT & MINT BURGER	701 kcal
SERVED WITH LETTUCE & TOMATO	
SELECTION OF SANDWICHES & SALADS	
SUSHI	

SAMPLE MENU

GENERAL BAKERY

FROM £5.95

VEGAN BANANA LOAF 	228 kcals
VEGAN FRUIT FLAPJACK 	421 kcals
TRIPLE CHOCOLATE COOKIE	329 kcals
RASPBERRY MILLIONAIRE 	429 kcals
VICTORIA SPONGE 	171 kcals
BLUEBERRY CRUMBLE MUFFIN	372 kcals
VEGAN RED VELVET CAKE	413 kcals

HOT DRINKS

FROM £2.95

FLAT WHITE	93 kcals
LATTE 8OZ/12OZ	72/107 kcals
CAPPUCCINO	
AMERICANO 8OZ/12OZ	3/6 kcals
ESPRESSO SINGLE / DOUBLE	6/12 kcals
MACCHIATO 8OZ/12OZ	8/11 kcals
TRADITIONAL & FLAVOURED TEAS	2 kcals
HOT CHOCOLATE 8OZ/12OZ	177/235 kcals

Please speak to a member of our team regarding allergens and dietary requirements