



**BREAKFAST BAKERY**

FROM £3.00

<b>PAIN AU CHOCOLATE</b>	330 kcals
<b>PAIN AU RAISIN</b>	439 kcals
<b>VEGAN BREAKFAST COOKIE</b> 	286 kcals
<b>CROISSANT</b>	330 kcals
<b>CINNAMON BUN</b>	390 kcals
<b>VEGAN BANANA LOAF</b>	228 kcals

**BREAKFAST**

FROM £5.95

<b>OATS PORRIDGE &amp; STRAWBERRY JAM</b> 	587 kcal
<b>WARM FRUIT GRANOLA POT</b> *	808 kcals
<b>BACON BREAKFAST TURNOVER</b>	
<b>TOMATO BREAKFAST TURNOVER</b>	

**LUNCH**

FROM £14.95

<b>VEGAN FALAFEL WRAP</b> *	853 kcals
SPINACH FALAFEL, ROAST PEPPER, PICKLED CABBAGE, CHILI SAUCE & VEGAN RIATA	
<b>CHICKEN SHAWARMA WRAP</b> *	1002 kcals
SERVED WITH BLUE CHEESE, ONIONS, LETTUCE & MUSTARD	
<b>CHICKEN &amp; SWEET POTATO SOUP</b>	1002 kcals
SERVED WITH A BREAD ROLL	
<b>POTATO &amp; LEEK SOUP</b>	1002 kcals
SERVED WITH A BREAD ROLL	

**SELECTION OF SANDWICHES & SALADS**

**SUSHI**

**GENERAL BAKERY**

FROM £5.95

<b>VEGAN BANANA LOAF</b> 	228 kcals
<b>VEGAN FRUIT FLAPJACK</b> 	421 kcals
<b>TRIPLE CHOCOLATE COOKIE</b>	329 kcals
<b>RASPBERRY MILLIONAIRE</b> 	429 kcals
<b>VICTORIA SPONGE</b> 	171 kcals
<b>BLUEBERRY CRUMBLE MUFFIN</b>	372 kcals
<b>VEGAN RED VELVET CAKE</b>	413 kcals

**HOT DRINKS**

FROM £2.95

<b>FLAT WHITE</b>	93 kcals
<b>LATTE 8OZ/12OZ</b>	72/107 kcals
<b>CAPPUCCINO</b>	
<b>AMERICANO 8OZ/12OZ</b>	3/6 kcals
<b>ESPRESSO SINGLE / DOUBLE</b>	6/12 kcals
<b>MACCHIATO 8OZ/12OZ</b>	8/11 kcals
<b>TRADITIONAL &amp; FLAVOURED TEAS</b>	2 kcals
<b>HOT CHOCOLATE 8OZ/12OZ</b>	177/235 kcals